



Kindergarten Information Booklet 2021



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Vision and Values

Our Vision

Bentley Primary School is a welcoming, inclusive and engaging school that empowers learners to shape their future through proactive and responsive approaches.

Our Values

C hallenge

A cceptance

R espect

E xcellence

S afety

Welcome to Bentley Kindy

Welcome to Bentley Kindergarten.. In our Kindergarten, we aim to engage the children in many educational experiences with a great deal of emphasis on social skills and early literacy and numeracy development. There are many fun and easy ways to support children's learning. To assist you, a series of booklets and factsheets is on the Western Australian Department of Education's parent website at: <https://www.education.wa.edu.au/resources-for-parents>.

In first term we focus on familiarising children with the centre and the rules and routines. Our main aim is to ensure your child enjoys their time at Kindergarten and feels comfortable and safe with us.

We look forward to sharing the year with you.





Our Programme

At Bentley Primary School, our Kindergarten provides an age appropriate developmental programme which will attend to the individual emotional, intellectual and physical needs of the children. Each child is recognised as a unique individual.

Our learning programme is developed under the umbrella of the Early Years Learning Framework and the Western Australian Kindergarten Guidelines. The Kindergarten programme is based on play activities through a planned environment determined by the needs of the children.

Students are encouraged to settle any differences verbally and are guided into positive social interaction with peers and adults, whilst respecting everyone's feelings and rights.

Children are entitled to good physical care and intellectual stimulation, in a safe, clean, happy environment with careful supervision. Each child will progress at their own pace. Some children may need encouragement to participate in some areas in order to promote development. Students are encouraged to have pride in who and what they are, and in what they achieve.

Birthdays

We love celebrating your child's birthday at Kindy. We prefer small, simple, plain cupcakes or muffins that your child can give to each of his or her friends.

Fruit Time

Children are required to bring a piece of fruit (uncut) each day. Other healthy foods such as cheese, sultanas, carrots and celery, etc, are also welcome. The fruit your child brings is cut up and put together with the other children's fruit. This is a time for sharing and reinforcing manners. It is also a great time to learn social skills and the foundations of healthy eating habits.



As well as the piece of fruit the children bring each day, they also are required to bring something to eat for morning recess and suitable food for lunch. An ice brick is a great idea to keep your child's lunch fresh and cool.

Water Bottle

Please provide a drink bottle with water each day for your child.



HEALTHY SNACKS

1. EASY, HEALTHY LUNCHBOX SWAPS



CHIPS



CHOCOLATE



JUICE



POPCORN



MUESLI BAR



FRUIT

Or replace any of these with some of the quick snack prep ideas in the yellow box

→ WHY IS IT IMPORTANT? ←

Our Bentley kids need **energy** during the school day to help them concentrate in class and play and exercise during the day.



Eating **healthy** snacks is important to help **fuel** them for longer while helping provide all the good stuff they need to **grow** and be **healthy**.

2. QUICK SNACK PREP IDEAS

- Cut up veggies (e.g. carrot, celery, capsicum) with dip (e.g. hummus or tzatziki)
- Cheese + wholegrain crackers
- Zucchini fritters
- Boiled egg + wholegrain bread
- Cottage cheese + banana
- Fresh fruit / tinned fruit in juice
- Peanut butter + apples / celery
- Yoghurt and berries

TOP TIPS

Prepare your snacks for the week on Sunday to save yourself time

Stock up on packaged snacks when they're on sale!

3. IF YOU NEED SNACKS ON THE GO....

... try some of these healthier packaged snacks instead!



Happy snack company beans



Vita-Weals



Petit Miam yoghurt pouches



Messy monkeys snack bars



Babybel cheese



Clothing

The Bentley Primary School uniform is not compulsory for the Kindergarten but the children are encouraged to wear it. An apron will be provided for messy work.



Sneakers or shoes and socks are good in winter and sandals are appropriate in summer. On the first day children must bring a hat (clearly marked with their name) which will be left at Kindy for outside time.

Please provide at least one full change of clothing (including socks) in your child's school bag each day.

Toys and Bags

Jewellery and toys are best left at home as they can get lost or broken. We will have special “Show and Tell” days at certain times throughout the year.



Taking Your Work Home

Please make sure your child has a large sized bag to put their work in. Some children will bring work home and others may not. Don't be discouraged as they will be learning other things that are just as valuable in their learning and development. Children are encouraged to complete set activities each week and some work samples are placed in a display folder. This will show your child's progress and achievement over a semester. A report will be included for each semester.

Nothing in My Bag Today

Today I did Mathematics and Science and I toasted bread,
I counted, measured and I used my eyes, ears and my head.
I added and subtracted and used magnets and blocks.
On the way, I learned about a rainbow and I learned how to weigh.
So please don't ask me,
"Is there anything in your bag today?"

For you see, I'm learning all about sharing as I play.
I learned to listen and speak clearly when I talk,
To wait my turn and, when inside, I learned I have to walk.
To put my thoughts into a phrase,
To guide a crayon through a maze.
To find my name and write it down,
To do it with a smile and not a frown.
To put my painting brush away.
So please don't say,
"Nothing in your bag today?"

I've learned about a snap and a worm.
Remembering how to take my turn.
I helped a friend when he was stuck,
Learned that water runs off a duck.
I looked at words from left to right,
Agreed to differ, not to fight.
So please don't say,
"Did you only play?"



Parent Conferences

Parents are invited to make an appointment to discuss a child's progress or any concerns. Please see us at any time if you have any concerns or questions.



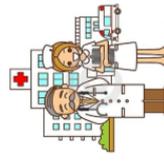
Absences

If your child is absent from school, please inform the school. This can be done through email, letter, your class SeeSaw app, phone call or text message. We appreciate your assistance.

Illness

Children who have a contagious medical condition or who have been vomiting in the previous twelve hours are required to be kept at home. If your child is tired or showing symptoms of the onset of an illness (eg, cold) we recommend they stay at home.

I Need to Stay Home When ...

I have a Fever		I have a Fever		I have Diarrhoea		I have a Rash		I have Head Lice		I have an Eye Infection		I have been to Been in Hospital	
I have a temperature of 38° or higher	Within the past 24 Hours	Within the past 24 Hours	Within the past 24 Hours	Free from Diarrhoea for 24 Hours.	Free from vomiting for 2 solid meals.	Free from rash, itching or fever. I have been checked by a Doctor if needed.	Treated with the appropriate lice treatment at home and proof has been given to the school.	Itchy head, Active Head Lice	Redness, Itchy and/or “crusty” drainage from the eye	Hospital stay and/or ED visit			

I Can Return to School When ...

Fever Free for 24 hours without the use of fever reduc- ing medications. i.e. Nurofen, Panadol	Free from Diarrhoea for 24 Hours.	Free from rash, itching or fever. I have been checked by a Doctor if needed.	Treated with the appropriate lice treatment at home and proof has been given to the school.	Evaluated by my doctor and I have a note to return to school.	Released by my medical provider to return to school.
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Communication milestones

At 4 years children can usually...

understanding

- answer most questions about daily tasks
- understand most wh-questions, including those about a story they have recently heard
- understand some numbers
- show an awareness that some words start or finish with the same sounds.

No need to always read the whole book. Talk about pictures that interest me.

speaking

- use words, such as 'and', 'but' and 'because', to make longer sentences
- describe recent events, such as morning routines
- ask lots of questions
- use personal pronouns (e.g., he/she, me/you) and negations (e.g., don't/can't)
- count to five and name a few colours.





Child Development 3-4 Years

Taken from https://www.healthywa.wa.gov.au/Articles/A_E/Child-development-3-4-years

Your 3 to 4 year old is moving out of babyhood into childhood. They are beginning to be OK about spending time away from you.

They have a rich imagination, and love to play and be physically active. However, this means they may be scared of things too, or hesitate to try new things.

All 3 to 4 year olds are different and develop at different rates. If you are worried about your child's development or if they can't do things they used to do, it's important to see your doctor or child health nurse.

If there is anything wrong, getting in early will help – and if nothing's wrong, it's good to know that they're developing normally.

Social and Emotional

Your 3 year old is at the very beginning of learning how to get on with others. They can now control strong feelings a lot better, but will probably still have some tantrums.

They start to understand social



skills like sharing and being kind, but only when they're feeling safe and happy.

- Three year olds often enjoy being and playing with other children. Your child is learning that other people are real and have feelings so they may be upset when other people are upset.
- Taking turns is a skill that they'll learn as they approach 4, but they'll still not be able to share their own special things if they're upset or worried.
- They can now wait a short time for what they want, such as 'we will go out after you eat your lunch'.
- Your 3 year old is less likely to have kicking and screaming tantrums than when they were 2. They're eager to please you, so with your help, they might try something else or wait a few minutes.
- Your child may still be scared of monsters, noises, the dark or some animals.
- They now have a sense of humour, and like to laugh at situations and repeat silly words.
- Give your child choices but keep them limited – 'you can wear your red shoes or your blue ones'.
- It's OK if they still need a dummy, blanket or other comforter when they're tired or away from home.
- Three year olds can have strong ideas of what 'boys' and 'girls' should be like – girls wear pretty dresses and boys are like Superman.



- Your child is starting to take responsibility for toileting, but they may still have accidents (wet pants) during the day and be wet at night.



Developing understanding

Your 3 to 4 year old's 'inner world' is very powerful. It can be difficult to sort out 'pretend' and 'real'. Can a witch really put a spell on you? Can children grow wings and fly like in picture books?

Three year olds do not tell 'lies' as such, but sometimes imagination and reality get mixed up. Never laugh at their confusion and give them small amounts of simple information when explaining things.

Your 3 year old:

- can now understand that their mind is separate from you and that you can't read their mind
- still doesn't really understand about things like height and size. They think that a tall thin glass holds more than a short fat one – so there can be mistakes with pouring

- shows some understanding of time and that night follows day
- understands the meaning of tall, short, big and little
- can say 'she's a girl' (or he's a boy) and whether other children are boys or girls, but they don't understand that this is permanent
- can tell you how old they are
- may be able to draw a person by the time they're 4. The person will probably have a big round head with eyes and a mouth, maybe with legs poking straight out of the head

A 4 year old can copy a cross and a square, and build a bridge with 3 bricks.



Physical development

In this year, your child will really enjoy physical activity to run, jump, swing, climb, dance and ride their tricycle. They might get tired and cranky if they don't have some quiet time between 'exercise'.

Remember, you still have to make sure they stay safe and always supervise your child. They may also become less coordinated and lose their confidence for a while between 3½ and 4.

Your child:

- will love to splash and play with water. Some 3 year olds are afraid of the pool or sea, while others love swimming. Always supervise children around water.
- will be able to walk along a plank because his balance is better
- can use pedals on a tricycle
- can roll and bounce a ball, but still find it hard to catch
- can throw a ball using shoulders and elbow.

By 4, your child can:

- hold a pencil correctly
- button clothes
- cut with scissors.

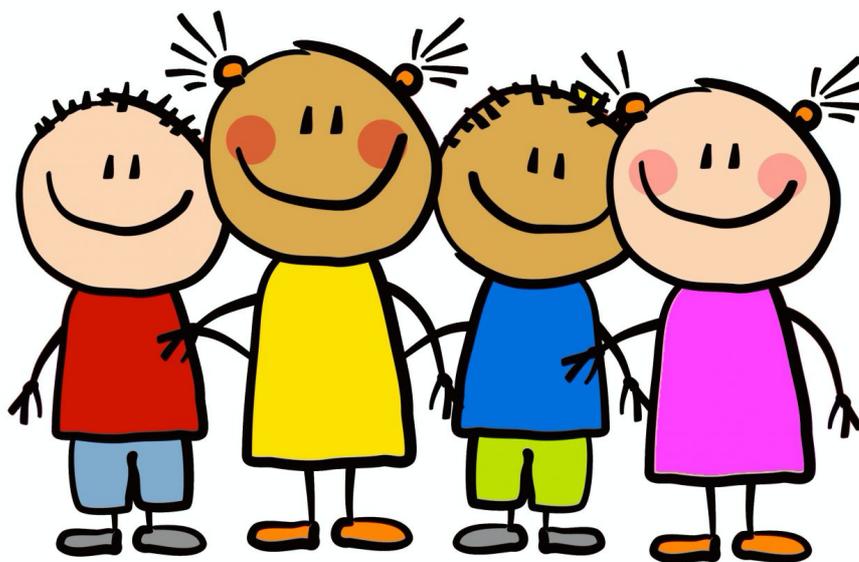
Speech and language

Your 3 year old is now talking in simple sentences. There is so much going on inside their head that often the words can't come out fast enough to describe it all.

They might stumble when expressing themselves – it can be exhausting to listen and explain things to your child, but enjoy being able to share in their rich imagination.



- They'll love to be read to, but may want the same book over and over.
- They'll usually be able to let you know what they want in most situations.
- Some 3 year olds speak very clearly, while others still use some 'baby talk'.
- Your child may stumble over some words, but this will probably clear up by itself.
- Your 3 year old can understand 1000 or more words. They can understand 'place' words – under, on, beside, back, over.
- They'll ask lots of 'What', 'Who', 'Where' and 'Why' questions.



- They can talk about what happened yesterday and about tomorrow.

Help them by building on what they say to you. Be patient. Don't correct 'wrong' words – be positive and include the correct word in your answer.

Some children become such enthusiastic talkers that their constant questions can become annoying. Try to slow this

down by asking her questions instead, or for some quiet time – at least for a few minutes.

What you can do

Give your child lots of freedom for physical activities – riding a tricycle, ball games, learning to swim. However, 3 and 4 year olds are too young for team or competitive games.

- Allow your child as much time as you can to 'get things right' or do it for themselves – be patient!
- Give them plenty of warning before they have to finish an activity and pack up their toys, or get ready to leave the house.
- Provide simple games with turns and rules so they're starting to learn about cooperation.
- Children of this age enjoy rhythm – encourage this by providing music, songs and rhymes, and lids to bang on. Sing simple songs with them.
- They'll enjoy painting and drawing, so provide big pieces of paper and pencils, textas or paints. Talk about the story their drawing tells.



- Provide books with pictures that tell a story – ask questions about the pictures and talk about the story.

At this age, it's OK to let them watch a few appropriate TV programs or DVDs. Just like books, they may want to watch the same thing over and over again.

Provide lots of love, fun, approval and encouragement. But you also need to start setting limits that you can and are prepared to enforce them.





First Day

Many children are able to leave their parents happily on the first day, however, some children become distressed. If this happens we advise you to stay with your child until he or she calms down and feels more secure. If you feel your child will settle more quickly once you go, please let us know. Say “goodbye” to your child and leave promptly. We will comfort your child. Most children settle quite quickly once you leave. Please feel free to ring the Kindy after 15 minutes or so to enquire as to how your child has settled.

What to bring?

- ☺ A piece of fruit - whole
- ☺ Hat
- ☺ Drink Bottle
- ☺ Spare set of clothes
- ☺ Large School Bag/Back pack





How can you help?

We encourage parent and community support and involvement at Bentley Primary School. There are many ways you can become more involved in your child's education.

Roster

The presence of an adult to help with preparation and supervision of activities is of enormous benefit to the children and staff. It is also important so each child can feel a connection between their Kindergarten and home. A roster sheet will be displayed on the notice board. Please fill in the days that suit you. Each parent is asked to join us on roster at



least once a term (except for first term when the children are settling in to a routine). Roster help is for parents, caregivers, grandparents, etc.

Donations

Please bring along any of the following items during the year for the children to use for craft activities:

- ☺ Empty boxes
- ☺ Kitchen rolls (not toilet rolls)
- ☺ Cotton reels
- ☺ Drawing and painting paper, wallpaper
- ☺ Carpet, lino, wool, material
- ☺ Gloves, bags and shoes etc. for dress-ups
- ☺ Old Christmas and birthday cards
- ☺ Magazines
- ☺ Bottle tops
- ☺ Cooking utensils

Please let us know if you have other items or ideas.





Session Days and Times

Term Dates:

Term 1

Monday, 1st February – Thursday, 1st April 2021

Term 2

Tuesday, 20th April – Friday, 2nd July 2021

Term 3

Tuesday 20th July – Friday, 24th September 2021

Term 4

Tuesday, 12th October – Thursday, 16th December 2021

KINDY GROUP A (KA)

Monday: 8:40am – 2:45pm

Tuesday: 8:40am – 2:45pm

Wednesday: 8:40am - 2.45pm (Odd Weeks)

KINDY GROUP B (KB)

Wednesday: 8.40am – 2:45pm

Thursday: 8:40am - 2:45pm

Friday: 8:40am – 2:45pm (Even Weeks)



Kindy children must be brought to school and collected by an adult.

If you arrive after 8:55am, please take your child to the front office to collect a late note before escorting them to the classroom.

To avoid unnecessary distress of your child, please be on time to collect them. If anyone other than a parent or guardian will be collecting your child, the teacher must be notified.

Parking

There is parking available on Baldock and Hedley Streets.





